

First Grade High-Frequency Word List

Fort Zumwalt School District

1 st Quarter		2 nd Quarter		3 rd Quarter		4 th Quarter	
am	is	away	sister	again	sleep	about	win
and	make	brother	some	bank	state	always	write
as	mom	by	there	because	take	around	work
at	not	car	they	book	thank	both	
be	ran	day	very	boy	think	can't	
best	run	eat	want	bug	try	cold	
big	she	far	was	call	walk	does	
but	sit	farm	when	could	way	don't	
came	so	first	where	fly		five	
can	that	four	why	from		found	
cat	them	funny	will	give		friend	
dad	two	girl	your	hand		food	
did	up	good		him		made	
down	us	hurt		house		many	
find	went	into		how		night	
fun	who	mother		know		or	
get	with	new		live		read	
got	yes	now		more		six	
had	the*	our		of		sometimes	
has	a*	out		old		ten	
he	to*	over		open		these	
help	you*	play		put		those	
his	it*	pretty		saw		took	
in	I*	said		sick		use	

** Kindergarten words that teachers may choose to review with students.*